

# August Menu

3 - 7 Aug 2026

| UNDER 1's                                          |                                                                                                            |                                                                           |
|----------------------------------------------------|------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------|
| Breakfast                                          | Lunch and dessert                                                                                          | Tea and dessert                                                           |
| Monday                                             |                                                                                                            |                                                                           |
| Weetabix with milk <b>G MK</b>                     | Penne pasta with cava nero in tomato sauce with sweetcorn <b>G</b><br>Banana and coconut muffin <b>G E</b> | Sausage rolls <b>G</b><br>Fruit salad                                     |
| Tuesday                                            |                                                                                                            |                                                                           |
| Porridge made with milk <b>MK</b>                  | Mango chicken with vegetable couscous <b>G</b><br>Fruity Fromage Frais <b>MK</b>                           | Cheese on toast <b>G MK</b><br>Apricot flapjack <b>G</b>                  |
| Wednesday                                          |                                                                                                            |                                                                           |
| Weetabix with milk <b>G MK</b>                     | Fish in parsley sauce with mash potatoes and peas <b>F MK</b><br>Sugar free Carrot cake <b>G E</b>         | Assorted sandwiches <b>G MKE F</b><br>Fruit platter                       |
| Thursday                                           |                                                                                                            |                                                                           |
| Toast and spread <b>G</b><br>Cup of milk <b>MK</b> | Vegetable ratatouille and rice<br>Sugar free chocolate biscuit <b>G</b>                                    | Quiche with vegetable sticks <b>G E</b><br>Fruity Fromage Frais <b>MK</b> |
| Friday                                             |                                                                                                            |                                                                           |
| Weetabix with milk <b>G MK</b>                     | Salmon fishcakes and baked beans <b>G F</b><br>Fruity Fromage Frais <b>MK</b>                              | Pasta salad <b>G</b><br>Sugar free lemon cake <b>G E</b>                  |

| OVER 1s                                            |                                                                                                            |                                                                           |                                                                 |
|----------------------------------------------------|------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------|-----------------------------------------------------------------|
| Breakfast                                          | Lunch and dessert                                                                                          | Tea and dessert                                                           | Snack                                                           |
| Monday                                             |                                                                                                            |                                                                           |                                                                 |
| Wheat Biscuits with milk <b>G MK</b>               | Penne pasta with cava nero in tomato sauce with sweetcorn <b>G</b><br>Banana and coconut muffin <b>G E</b> | Sausage rolls <b>G</b><br>Fruit salad                                     | Oat biscuit and cheese <b>G MK</b><br>Fruit / Vegetables        |
| Tuesday                                            |                                                                                                            |                                                                           |                                                                 |
| Porridge with milk <b>G MK</b>                     | Mango chicken with vegetable couscous <b>G</b><br>Fruity Fromage Frais <b>MK</b>                           | Children's anti pasti <b>G MK</b><br>Apricot flapjack <b>G</b>            | Rice cake with assorted topping <b>MK</b><br>Fruit / Vegetables |
| Wednesday                                          |                                                                                                            |                                                                           |                                                                 |
| Shredded Wheat with milk <b>G MK</b>               | Plain fish in parsley sauce with mash potatoes and peas <b>F MK</b><br>Carrot cake <b>G E</b>              | Assorted sandwiches <b>G MKE F</b><br>Fruit platter                       | Sugar free fruit biscuit <b>G</b><br>Fruit / Vegetables         |
| Thursday                                           |                                                                                                            |                                                                           |                                                                 |
| Toast and spread <b>G</b><br>Cup of milk <b>MK</b> | Vegetable ratatouille and rice<br>Sugar free chocolate biscuit <b>G</b>                                    | Quiche with vegetable sticks <b>G E</b><br>Fruity Fromage Frais <b>MK</b> | Mini beetroot muffin <b>G</b><br>Fruit / Vegetables             |
| Friday                                             |                                                                                                            |                                                                           |                                                                 |
| Flakes with milk <b>G MK</b>                       | Salmon jacket potato and seasonal salad <b>F</b><br>Cookie <b>G</b>                                        | Pasta salad <b>G</b><br>Sugar free lemon cake <b>G E</b>                  | Fruit / Vegetables<br>Fruit / Vegetables                        |

# August Menu

10 - 14 Aug 2026

| UNDER 1's                                          |                                                                                           |                                                                                       |
|----------------------------------------------------|-------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
| Breakfast                                          | Lunch and dessert                                                                         | Tea and dessert                                                                       |
| Monday                                             |                                                                                           |                                                                                       |
| Weetabix with milk <b>G MK</b>                     | Stir fry vegetable and butterbean pasta <b>G</b><br>Ginger sponge <b>G E MK</b>           | Bagels and cream cheese <b>G MK</b><br>Fruit platter                                  |
| Tuesday                                            |                                                                                           |                                                                                       |
| Toast and spread <b>G</b><br>Cup of milk <b>MK</b> | Chicken and vegetable stir with rice<br>Sugar free cookie                                 | Ham and cheese turnover <b>G MK</b><br>Sugar free courgette and lime loaf <b>MK E</b> |
| Wednesday                                          |                                                                                           |                                                                                       |
| Weetabix with milk <b>G MK</b>                     | Turkey and vegetable pie, mash potato and peas <b>G</b><br>Fruity Fromage Frais <b>MK</b> | Assorted sandwiches <b>G MK E F</b><br>Banana loaf <b>G</b>                           |
| Thursday                                           |                                                                                           |                                                                                       |
| Overnight oats <b>MK</b>                           | Moroccan beef and couscous <b>G</b><br>Fruit salad                                        | Tomato and pepper pasta <b>G</b><br>Fruity Fromage Frais <b>MK</b>                    |
| Friday                                             |                                                                                           |                                                                                       |
| Weetabix with milk <b>G MK</b>                     | Fish, chips and peas <b>G F</b><br>Rice pots <b>MK</b>                                    | Picky plate <b>G MK</b><br>Melon                                                      |

| OVER 1s                                              |                                                                                           |                                                                                       |                                                                |
|------------------------------------------------------|-------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|----------------------------------------------------------------|
| Breakfast                                            | Lunch and dessert                                                                         | Tea and dessert                                                                       | Snack                                                          |
| Monday                                               |                                                                                           |                                                                                       |                                                                |
| Malted Wheaties with milk <b>G MK</b>                | Stir fry vegetable and butterbean pasta <b>G</b><br>Ginger sponge <b>G E MK</b>           | Bagels and cream cheese <b>G MK</b><br>Fruit platter                                  | Cheese biscuit <b>G MK</b><br>Fruit / Vegetables               |
| Tuesday                                              |                                                                                           |                                                                                       |                                                                |
| Crumpet and spread <b>G</b><br>Cup of milk <b>MK</b> | Chicken and vegetable stir with rice<br>Sugar free cookie                                 | Ham and cheese turnover <b>G MK</b><br>Sugar free courgette and lime loaf <b>MK E</b> | Melon<br>Fruit / Vegetables                                    |
| Wednesday                                            |                                                                                           |                                                                                       |                                                                |
| Flakes with milk <b>MK</b>                           | Turkey and vegetable pie, mash potato and peas <b>G</b><br>Fruity Fromage Frais <b>MK</b> | Assorted sandwiches <b>G MK E F</b><br>Banana loaf <b>G</b>                           | Rice cake<br>Fruit / Vegetables                                |
| Thursday                                             |                                                                                           |                                                                                       |                                                                |
| Overnight oats <b>MK</b>                             | Moroccan beef and couscous <b>G</b><br>Fruit salad                                        | Tomato and pepper pasta <b>G</b><br>Fruity Fromage Frais <b>MK</b>                    | Breadsticks and beetroot humous <b>G</b><br>Fruit / Vegetables |
| Friday                                               |                                                                                           |                                                                                       |                                                                |
| Weetabix with milk <b>G MK</b>                       | Fish, chips and peas <b>G F</b><br>Rice pots <b>MK</b>                                    | Picky plate <b>G MK</b><br>Melon                                                      | Vegetable muffin <b>G</b><br>Fruit / Vegetables                |

# August Menu

17- 21 Aug 2026

| UNDER 1's                                                 |                                                                                                                   |                                                                                                    |
|-----------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|
| Breakfast                                                 | Lunch and dessert                                                                                                 | Tea and dessert                                                                                    |
| Monday                                                    |                                                                                                                   |                                                                                                    |
| Weetabix with milk <b>G MK</b>                            | Tomato and pepper pasta <b>G</b><br>Sugar free apple and sultana cake <b>G E</b>                                  | Fishfinger sandwiches <b>F G</b><br>Melon and strawberries                                         |
| Tuesday                                                   |                                                                                                                   |                                                                                                    |
| Porridge made with milk <b>MK</b>                         | Roast chicken, stuffing, roast potatoes and green beans <b>G</b><br><br>Sugar free cookie <b>G</b>                | Cheese and tomato frittata with vegetable sticks <b>E MK</b><br><br>Fruity Fromage Frais <b>MK</b> |
| Wednesday                                                 |                                                                                                                   |                                                                                                    |
| Toast and spread <b>G MK</b><br><br>Cup of milk <b>MK</b> | Sweet potato and pepper orzo pasta <b>G</b><br><br>Fruity Fromage Frais <b>MK</b>                                 | Homemade pasty <b>G MK</b><br><br>Fresh fruit salad                                                |
| Thursday                                                  |                                                                                                                   |                                                                                                    |
| Weetabix with milk <b>G MK</b>                            | Vegetable burger, hand cut chips and baked beans <b>G</b><br><br>Sugar free jelly with fresh raspberries <b>G</b> | Toast and sardine pate <b>G MK F</b><br><br>Sugar free Victoria sponge <b>G E</b>                  |
| Friday                                                    |                                                                                                                   |                                                                                                    |
| Toast and spread <b>G MK</b><br><br>Cup of milk <b>MK</b> | Jacket potato with tuna <b>F</b><br><br>Coconut and raisin loaf <b>G E</b>                                        | Assorted sandwiches <b>G MK E F</b><br><br>Fruit platter                                           |

| OVER 1s                                                   |                                                                                                                   |                                                                                                    |                                                                     |
|-----------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|---------------------------------------------------------------------|
| Breakfast                                                 | Lunch and dessert                                                                                                 | Tea and dessert                                                                                    | Snack                                                               |
| Monday                                                    |                                                                                                                   |                                                                                                    |                                                                     |
| Shredded Wheat with milk <b>G MK</b>                      | Tomato and pepper pasta <b>G</b><br>Sugar free apple and sultana cake <b>G E</b>                                  | Fish pockets with lettuce and cucumber <b>F G</b><br>Melon and strawberries                        | Rice cake with assorted topping <b>MK</b><br><br>Fruit / Vegetables |
| Tuesday                                                   |                                                                                                                   |                                                                                                    |                                                                     |
| Porridge made with milk <b>MK</b>                         | Roast chicken, stuffing, roast potatoes and green beans <b>G</b><br><br>Sugar free cookie <b>G</b>                | Cheese and tomato frittata with vegetable sticks <b>E MK</b><br><br>Fruity Fromage Frais <b>MK</b> | Fruit loaf <b>G E</b><br><br>Fruit / Vegetables                     |
| Wednesday                                                 |                                                                                                                   |                                                                                                    |                                                                     |
| Toast and spread <b>G MK</b><br><br>Cup of milk <b>MK</b> | Sweet potato and pepper enchiladas and salad <b>G MK</b><br><br>Fruity Fromage Frais <b>MK</b>                    | Homemade pasty <b>G MK</b><br><br>Fresh fruit salad                                                | Breadsticks and yoghurt dip <b>G MK</b><br><br>Fruit / Vegetables   |
| Thursday                                                  |                                                                                                                   |                                                                                                    |                                                                     |
| Flakes with milk <b>G MK</b>                              | Vegetable burger, hand cut chips and baked beans <b>G</b><br><br>Sugar free jelly with fresh raspberries <b>G</b> | Toast and sardine pate <b>G MK F</b><br><br>Sugar free Victoria sponge <b>G E</b>                  | Cheese and crackers <b>MK</b><br><br>Fruit / Vegetables             |
| Friday                                                    |                                                                                                                   |                                                                                                    |                                                                     |
| Weetabix with milk <b>G MK</b>                            | Jacket potato with tuna <b>F</b><br><br>Coconut and raisin loaf <b>G E</b>                                        | Assorted sandwiches <b>G MK E F</b><br><br>Fruit platter                                           | Watermelon<br><br>Fruit / Vegetables                                |



# August Menu

24- 28 Aug 2026

| UNDER 1's                                                  |                                                                                                                |                                                                                      |
|------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|
| Breakfast                                                  | Lunch and dessert                                                                                              | Tea and dessert                                                                      |
| Monday                                                     |                                                                                                                |                                                                                      |
| Weetabix with milk <b>G MK</b>                             | Triple tomato risotto and garlic fingers <b>G</b><br><br>Beetroot brownie <b>G E</b>                           | Tuna and sweetcorn pasta <b>F G</b><br><br>Fruity Fromage Frais <b>MK</b>            |
| Tuesday                                                    |                                                                                                                |                                                                                      |
| Overnight oats <b>G MK</b>                                 | Spinach and roasted pepper quiche with wedges and coleslaw <b>G E MK</b><br><br>Fresh fruit salad              | Assorted sandwiches <b>G MK E F</b><br><br>Sugar free apple cake                     |
| Wednesday                                                  |                                                                                                                |                                                                                      |
| Croissant <b>G MK</b><br><br>Cup of milk <b>MK</b>         | Spaghetti bolognaise and sweetcorn <b>G</b><br><br>Strawberries                                                | Ploughman's picky plate <b>G MK E</b><br><br>Sugar free oat biscuit                  |
| Thursday                                                   |                                                                                                                |                                                                                      |
| Weetabix with milk <b>G MK</b>                             | Vegetable biryani, rice and cooked cauliflower florets<br><br>Sugar free cranberry and coconut cookie <b>G</b> | Mexican chicken with pitta strips and salad <b>G</b><br><br>Banana custard <b>MK</b> |
| Friday                                                     |                                                                                                                |                                                                                      |
| Toast with spread <b>G MK</b><br><br>Cup of milk <b>MK</b> | Plain fish in sauce, mash potato and peas <b>F MK</b><br><br>Fruity Fromage Frais <b>MK</b>                    | Pizza muffin <b>G MK</b><br><br>Cherry biscuit <b>G</b>                              |

| OVER 1s                                            |                                                                                                                |                                                                                      |                                                                    |
|----------------------------------------------------|----------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|--------------------------------------------------------------------|
| Breakfast                                          | Lunch and dessert                                                                                              | Tea and dessert                                                                      | Snack                                                              |
| Monday                                             |                                                                                                                |                                                                                      |                                                                    |
| Weetabix with milk <b>G MK</b>                     | Triple tomato risotto and garlic bread <b>G</b><br><br>Beetroot brownie <b>G E</b>                             | Tuna and sweetcorn pasta <b>F G</b><br><br>Fruity Fromage Frais <b>MK</b>            | Breadsticks and salsa dip <b>G</b><br><br>Fruit / Vegetables       |
| Tuesday                                            |                                                                                                                |                                                                                      |                                                                    |
| Overnight oats <b>G MK</b>                         | Spinach and roasted pepper quiche with wedges and coleslaw <b>G E MK</b><br>Fresh fruit salad                  | Assorted sandwiches <b>G MK E F</b><br>Sugar free apple cake <b>G E</b>              | Fruit<br>Sugar free banana cake <b>G E</b>                         |
| Wednesday                                          |                                                                                                                |                                                                                      |                                                                    |
| Croissant <b>G MK</b><br><br>Cup of milk <b>MK</b> | Spaghetti bolognaise and sweetcorn <b>G</b><br><br>Strawberries                                                | Ploughman's picky plate <b>G E MK</b><br><br>Sugar free Oat biscuit                  | Pineapple<br><br>Fruit / Vegetables                                |
| Thursday                                           |                                                                                                                |                                                                                      |                                                                    |
| Flakes with milk <b>G MK</b>                       | Vegetable biryani, rice and cooked cauliflower florets<br><br>Sugar free cranberry and coconut cookie <b>G</b> | Mexican chicken with pitta strips and salad <b>G</b><br><br>Banana custard <b>MK</b> | Vegetable muffin <b>G</b><br><br>Fruit / Vegetables                |
| Friday                                             |                                                                                                                |                                                                                      |                                                                    |
| Shredded Wheat with milk <b>G MK</b>               | Breaded fish, chips and peas <b>G F</b><br><br>Fruity Fromage Frais <b>MK</b>                                  | Pizza muffin <b>G MK</b><br><br>Cherry biscuit <b>G</b>                              | Rice cake with assorted topping <b>MK</b><br><br>Fruit / Vegetable |

# August Menu

31 - 4 Sep2026

| UNDER 1's                                          |                                                                                                            |                                                                           |
|----------------------------------------------------|------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------|
| Breakfast                                          | Lunch and dessert                                                                                          | Tea and dessert                                                           |
| Monday                                             |                                                                                                            |                                                                           |
| Weetabix with milk <b>G MK</b>                     | Penne pasta with cava nero in tomato sauce with sweetcorn <b>G</b><br>Banana and coconut muffin <b>G E</b> | Sausage rolls <b>G</b><br>Fruit salad                                     |
| Tuesday                                            |                                                                                                            |                                                                           |
| Porridge made with milk <b>MK</b>                  | Mango chicken with vegetable couscous <b>G</b><br>Fruity Fromage Frais <b>MK</b>                           | Cheese on toast <b>G MK</b><br>Apricot flapjack <b>G</b>                  |
| Wednesday                                          |                                                                                                            |                                                                           |
| Weetabix with milk <b>G MK</b>                     | Fish in parsley sauce with mash potatoes and peas <b>F MK</b><br>Sugar free Carrot cake <b>G E</b>         | Assorted sandwiches <b>G MK E F</b><br>Fruit platter                      |
| Thursday                                           |                                                                                                            |                                                                           |
| Toast and spread <b>G</b><br>Cup of milk <b>MK</b> | Vegetable ratatouille and rice<br>Sugar free chocolate biscuit <b>G</b>                                    | Quiche with vegetable sticks <b>G E</b><br>Fruity Fromage Frais <b>MK</b> |
| Friday                                             |                                                                                                            |                                                                           |
| Weetabix with milk <b>G MK</b>                     | Salmon fishcakes and baked beans <b>G F</b><br>Fruity Fromage Frais <b>MK</b>                              | Pasta salad <b>G</b><br>Sugar free lemon cake <b>G E</b>                  |

| OVER 1s                                            |                                                                                                            |                                                                           |                                                                 |
|----------------------------------------------------|------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------|-----------------------------------------------------------------|
| Breakfast                                          | Lunch and dessert                                                                                          | Tea and dessert                                                           | Snack                                                           |
| Monday                                             |                                                                                                            |                                                                           |                                                                 |
| Wheat Biscuits with milk <b>G MK</b>               | Penne pasta with cava nero in tomato sauce with sweetcorn <b>G</b><br>Banana and coconut muffin <b>G E</b> | Sausage rolls <b>G</b><br>Fruit salad                                     | Oat biscuit and cheese <b>G MK</b><br>Fruit / Vegetables        |
| Tuesday                                            |                                                                                                            |                                                                           |                                                                 |
| Porridge with milk <b>G MK</b>                     | Mango chicken with vegetable couscous <b>G</b><br>Fruity Fromage Frais <b>MK</b>                           | Children's anti pasti <b>G MK</b><br>Apricot flapjack <b>G</b>            | Rice cake with assorted topping <b>MK</b><br>Fruit / Vegetables |
| Wednesday                                          |                                                                                                            |                                                                           |                                                                 |
| Shredded Wheat with milk <b>G MK</b>               | Plain fish in parsley sauce with mash potatoes and peas <b>F MK</b><br>Carrot cake <b>G E</b>              | Assorted sandwiches <b>G MK E F</b><br>Fruit platter                      | Sugar free fruit biscuit <b>G</b><br>Fruit / Vegetables         |
| Thursday                                           |                                                                                                            |                                                                           |                                                                 |
| Toast and spread <b>G</b><br>Cup of milk <b>MK</b> | Vegetable ratatouille and rice<br>Sugar free chocolate biscuit <b>G</b>                                    | Quiche with vegetable sticks <b>G E</b><br>Fruity Fromage Frais <b>MK</b> | Mini beetroot muffin <b>G</b><br>Fruit / Vegetables             |
| Friday                                             |                                                                                                            |                                                                           |                                                                 |
| Flakes with milk <b>G MK</b>                       | Salmon jacket potato and seasonal salad <b>F</b><br>Cookie <b>G</b>                                        | Pasta salad <b>G</b><br>Sugar free lemon cake <b>G E</b>                  | Fruit / Vegetables<br>Fruit / Vegetables                        |